

BANGOR SYMPHONY YOUTH ORCHESTRAS

Fall 2020 In-Person Instruction Plan

Program Summary

In light of the COVID-19 pandemic, the Bangor Symphony Youth Orchestras will limit in-person instruction to a 6-week chamber music program for string players, running from October 1st to November 5th at the Bangor Arts Exchange.

Key Elements

- Strings only
- Video auditions only
- Isolated cohorts
- Small ensembles
- Masks required
- 6ft social distancing required
- Shortened rehearsals
- Windows and doors open for increased air flow
- Enhanced cleaning measures and frequency per CDC guidelines
- Parent/guardians do not enter building, must wait outside
- COVID-19 pre-screening questions e-mailed and in-person weekly



Additional Details

New Application and Placement Considerations

- Must be a string player for in-person, winds/brass offerings are online only
- If attending in-person school, the school must require mask-wearing
- Parents or guardians must sign a COVID-19 liability waiver
- Parents or guardians must approve BSYO sharing contact information with Maine CDC in the event contact tracing is needed
- When possible, students will be placed in ensembles based on school/geography, in addition to musical ability

Physical Space

Three separate spaces at the Bangor Arts Exchange (BAE) will be used for weekly rehearsals. Each space will have an assigned instructor; each instructor will see two small groups in an evening, with a 30 minute break between groups for cleaning. Rehearsal start times will be staggered to avoid bottlenecks.

Each space has its own bathroom facilities with hand washing. Hand sanitizing stations have been installed throughout the Bangor Arts Exchange as well.

Ensemble Location	Studio 1 241 sq. ft. Enter 189 Exchange	Gallery 885 sq. ft. Enter 193 Exchange	Ballroom 1300 sq. ft. Enter 193 Exchange
Max Group Size	4	6	12
Cohort A Times	5:00 – 6:15pm	5:15 – 6:30pm	5:30 – 6:45pm
Cohort B Times	6:45 – 8:00pm	7:00 – 8:15pm	7:15-8:30pm

Emergency Protocols

BSYO COVID-19 Contact Person

- Katie Hardy, Manager of Community and Education Programs
- Cell: (207) 356-9344, Email: Katie@bangorsymphony.org

Conditions for Suspending In-Person Instruction

- If Penobscot County's DOE [risk rating](#) shifts to yellow or red from green
- If an outbreak occurs in a school attended by 2 or more members
- If recommended or required by State CDC or local officials

If a student or staff becomes ill during rehearsal

- Isolate student or staff person in 2nd floor meeting room of 189 Exchange
- Ensure student or staff person is wearing a face covering
- If a medical emergency call 911, otherwise call parent or guardian, send home, and ask parent to call their child's medical provider

- Notify students and staff who came into contact with ill person of their possible virus exposure
 - Maintain confidentiality as required by the Americans with Disabilities Act (ADA)

If a student or staff reports they are confirmed or suspected to have COVID-19

- If it has been less than 7 days since the sick person has been in the BAE, close off any areas used by the sick person
 - Wait 24 hours before cleaning and disinfecting to minimize potential for other employees being exposed to respiratory droplets
 - During this waiting period, open outside doors and windows to increase air circulation in these areas.
- If it has been 7 days or more since the sick person used the BAE, additional cleaning and disinfection is not necessary. Continue routine cleaning.
- Determine which students and staff may have been exposed to the virus and may need to take additional precautions:
 - Inform students and staff of their possible exposure to COVID-19 but maintain confidentiality
 - Maine CDC will start formal contact tracing. This may contacting BSYO asking for names of other individuals that were in close proximity to the ill individual
 - Instruct potentially exposed staff and students to stay home for 14 days and self-monitor for symptoms

Resources

This plan was developed in consultation with Northern Light Health's [Work Health Program](#) as well as all available State and National CDC resources.

- [Maine DOE: Coronavirus Resources for Schools](#)
- [Maine CDC: Performing Arts Venues Checklist](#)
- [COVID-19 Prevention Checklist](#)
- [CDC Guide: Disinfecting Your Facility](#)
- [Symptom Screening for Schools](#)

Addendum: Pre-Screening Questions

E-Mailed Weekly and Asked Upon Arrival

IF YOU ANSWER "YES" TO ANY OF THE QUESTIONS BELOW,
PLEASE STAY HOME.

- 1. Have you come into close contact (within 6 feet) with someone who has a COVID-19 diagnosis in the past 14 days?**
- 2. In the past 14 days, have you received a positive result from a COVID-19 test?**
- 3. In the past 14 days, have you traveled to a state that is not currently exempted from Maine's quarantine and testing orders? (Any state other than Vermont, New Hampshire, Connecticut, New York & New Jersey)**
- 4. Do you or anyone else in your household have any of the following symptoms that you cannot attribute to another condition?**
 - Fever or feeling feverish
 - Chills
 - Cough
 - Shortness of breath
 - Sore throat
 - Muscle aches
 - Headache
 - Loss of smell or taste